



LYCÉE FRANÇAIS
DE SAN FRANCISCO

AES |
EXTRA
CURRICULAR
ACTIVITIES



ASHBURY CAMPUS | JANUARY 14TH TO MAY 31ST 2019

GOALS OF THE AES DEPARTMENT & PROGRAM

Welcome to an exciting round of Semester Two Activities! Please note that some of our programs from semester one have an automatic roll-over (such as Judo and Fencing for example).

Please be sure to check and refer regularly to your Secured Parent Portal Website account. We have added in some new sections to update you on all our AES + Camps news and information including a new Activenet 101-FAQ. We believe that participation in APC's will provide students a significant opportunity to become involved with other students and their coaches in an educational experience that takes place outside of the classroom while respecting traditional French/American traditions and customs.

As always, our door is always open (located on 4th floor) and we will endeavor to answer any of your questions or concerns in a timely manner.

New Exciting APC's semester Two

Debate|Mock Trial
Jurassic Dino World

Changes from Semester One
Junior Inventor Team on Thursday now open for 3rd graders.
Tuesday Choir will be conducted by VIBO while Ms. Veruni takes extended leave.
Tuesday Acrosports class combined
Soccer K-5th Winter Season (end February Break) moved to Wednesday @ Waller.
Magic of Physics - Cancelled due to teacher unavailability.
Journalism- Cancelled due to teacher unavailability.

ENROLLMENT STARTS
MONDAY, 10th DECEMBER
ON ACTIVENET!
WWW.LELYCEE.ORG/INSCRIPTIONS

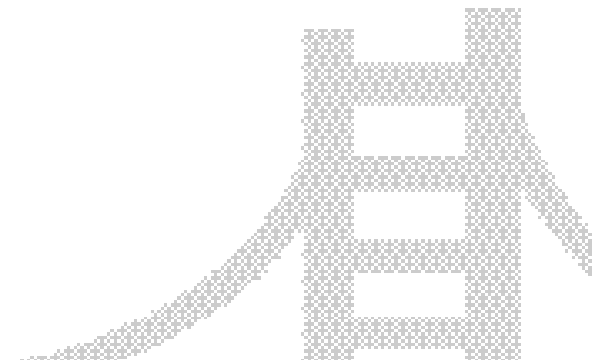
AES TEAM



Andrew Sobol
Director, AES |
Extracurricular Activities
asobol@lelycee.org



Véronique Baumbach
AES Assistant |
Extracurricular Activities
vbaumbach@lelycee.org





IMPORTANT INFORMATION

SESSION DATES

Session 2: January 14th to May 31st 2019

TWO make up weeks are scheduled between June 3rd to 14th

PAYMENT

REGISTRATION IS ON-LINE ON ACTIVENET

www.lelycee.org/inscriptions

You can only enroll your own child. Once enrolled you will not be able to make any changes. For any changes, please contact us.

PAYMENT OPTIONS ARE:

- A. A one time payment at no additional charge
- B. A payment plan with 3 installments is available:
 - Initial payment is 50% of the activity fee, then 25% on February 1st and 25% on March 1st.
 - A one time additional credit card fee of \$12 is charged by the system for each payment plan (no refund).

ENROLLMENT MODIFICATIONS

Changes, transfers, refunds are possible within 2 weeks of registration deadline:

Session 2 Enrollment Deadline : Friday, 25th January (NO REFUNDS GIVEN AFTER THIS DATE Friday, 25th January)

A \$10 processing fee will be charged for any change, withdrawal or refund made after enrollment. After these deadlines, no new registrations, transfers and refunds will be accepted, even for a withdrawal. Only in certain circumstance can a refund be given. For example due to a medical condition accompanied by a medical professional certificate.

ACTIVITIES OR PROGRAMS MAY BE SUBJECT TO CHANGE AT ANY GIVEN TIME. WE WILL DO OUR BEST TO COMMUNICATE ANY CHANGES OR CANCELLATIONS WHERE & WHEN POSSIBLE.

Please note that due to unforeseen circumstances, activities may be cancelled during the semester that are out of our or the school's control. If this occurs, a refund will be given for any remaining classes.

Note: Activities and programs require a minimum of six (6) students required for that activity/program to run unless communicated otherwise.

Total sessions per day for Semester Two:

Monday - 14

Tuesday- 17

Wednesday|Thursday- 17

Friday - 16

PLEASE NOTE: THIS AES SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME DUE TO CIRCUMSTANCES OUTSIDE OF OUR CONTROL. WE HAVE DONE OUR VERY BEST TO WORK WITH THE ADMINISTRATION TO MAKE IT AS ACCURATE AS POSSIBLE. WHEN POSSIBLE, WE WILL DO OUR BEST TO NOTIFY YOU OF ANY CHANGES AS SOON AS POSSIBLE.

NOTE: STUDENTS ENROLLED IN AND OUT OF CAMPUS DO NOT RETURN BACK TO THE CAMPUS AT THE END OF THE ACTIVITY OR PROGRAM.

AES IS NOT RESPONSIBLE FOR DAYCARE OR ETUDE REGISTRATIONS





SESSION # 2

2018-2019

ASHBURY After School Program									
Horaires	3:15pm	3:30pm	4:00pm	4:30pm	4:45	5:00	5:30pm	6:00pm	
LUNDI Monday 14 weeks	Yearly regis. Yearly regis. Yearly regis.	Walk	Arts1 K-2nd						
			Jurassic Dino World K-2nd						
			Chess Begin. 3rd-5th						
				Supported St.Hall 1st					
				Supported St.Hall 2nd-3rd					
				Independent St.Hall 2nd-5th					
				Private Lesson PIANO VIBO					
				Private Lesson GUITAR VIBO					
			Judo Begin. K-1st						
				Judo Adv. 2nd-5th					Yearly regis.
			Tennis K-1st						
MARDI Tuesday 17 weeks	Yearly regis. Yearly regis. Yearly regis.	Walk Van	Arts1 K-2nd						
			Choir 3rd-5th						
			Mandarin Lev2 1st-5th						
			Spanish Immersion 3rd-5th						
				Supported St.Hall 1st-2nd					
				Supported St.Hall 3rd-5th					
				Independent St.Hall 2nd-5th					
				Private Lesson PIANO VIBO					
				Acrosports PreS-PreK					
			BasketBall K - 2nd						
				BasketBall 3rd -5th					
			Tennis 4th-5th						
MERCREDI Wednesday 17 weeks	Yearly regis.	Bus Walk	Spanish Begin. K-2nd						
			Codefu 1st-2nd						
			Drama 2nd-5th						
			Cooking K-1st						
			ClayMaking 3rd-5th						
				Supported St.Hall 1st-2nd					
				Independent St.Hall 2nd-5th					
				Private Lesson PIANO VIBO - 30 min					
				Acro-Combo PreS-PreK					
			Capoeira 2nd-5th						
			Soccer K-2nd						
				Soccer 3rd-5th					
JEUDI Thursday 17 weeks	Yearly regis. Yearly regis.	Walk	Drama 2nd-5th						
			Inventor Team 3rd-5th						
			Chess Adv. 3rd-5th						
			Spanish Immersion 1st-2nd						
			Mandarin Lev2 1st-5th						
			Ballet K-2nd						
				Supported St.Hall 1st-5th					
				Independent St.Hall 2nd-5th					
				Private Lesson PIANO VIBO - 30 min					
			Judo Intro K-3rd						
			Yoga1 PreS						
			Yoga2 PreK						
				Judo Compet 3rd-5th					Yearly regis.
				Yoga3					
VENDREDI Friday 16 weeks	Yearly regis. Yearly regis.	Walk Van	Textile K - 2nd						
			Minecraft Lev1 3rd-5th						
			Debate 3rd-5th						
			Choir 1st-2nd						
				Supported St.Hall 1st-5th					
				Independent St.Hall 2nd-5th					
				Private Lesson PIANO VIBO - 30 min					
			Fencing K-1st						
			Acrosports K-2nd						
			Tennis 2nd-3rd						

Activities starts on 01/14/2019 - Ends 05/31/2019	Students enrolled in out-of-campus activities DO NOT return BACK to campus at the end of the activity
Priority Registration Online Opens 12/5/18	TWO Make up weeks scheduled from 06/03 to 06/14/19
Registration Online Opens 12/10/18	All registrations closes definitely on 01/25/2019 No refund/changes after this date.
Registration Online Closes 1/11/19	Minimum Registration : 6 per activity
ADD/DROP Activities period 1/14/19 to 01/24/2019	

PLEASE NOTE: THIS AES SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME DUE TO CIRCUMSTANCES OUTSIDE OF OUR CONTROL. WE HAVE DONE OUR VERY BEST TO WORK WITH THE ADMINISTRATION TO MAKE IT AS ACCURATE AS POSSIBLE. WHEN POSSIBLE, WE WILL DO OUR BEST TO NOTIFY YOU OF ANY CHANGES AS SOON AS POSSIBLE.





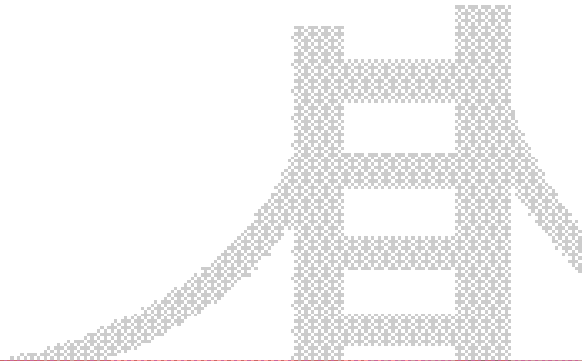
SCHEDULE

LFSF After School Program – Elementary | 2018 - 2019 Calendar

August '18							September '18							October '18						
Su	M	Tu	W	Th	F	S	Su	M	Tu	W	Th	F	S	Su	M	Tu	W	Th	F	S
			1	2	3	4							1		1	2	3	4	5	6
5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
							30													
November '18							December '18							January '19						
Su	M	Tu	W	Th	F	S	Su	M	Tu	W	Th	F	S	Su	M	Tu	W	Th	F	S
				1	2	3							1							5
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30	31		
							30													
February '19							March '19							April '19						
Su	M	Tu	W	Th	F	S	Su	M	Tu	W	Th	F	S	Su	M	Tu	W	Th	F	S
						2						1	2		1	2	3	4	5	6
3	4	5	6	7	8	9	3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28			24	25	26	27	28	29	30	28	29	30				
							31													
May '19							June '19							July '19						
Su	M	Tu	W	Th	F	S	Su	M	Tu	W	Th	F	S	Su	M	Tu	W	Th	F	S
			1	2	3	4							1		1	2	3	4	5	6
5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
							30													

- School Closed
 - AES Registration open period
 - First & Last day of School
 - Make-Up Period
 - Camps 2017-18
 - Camps 2018-19
 - Fall/Winter Semester
 - Spring Semester
- (*) Calendar dates subject to change at all times

SUPPORT THE
ATHLETIC PROGRAM
& THE AES DEPARTMENT!



CULTURE

ARTS 1 (K-2nd) | MONDAY \$406 & TUESDAY \$493



This class introduces the student to the classical principals of drawing and develops their ability to see relationships while gradually training both eye and hand. Acquiring the fundamental skills of drawing the student then develops their ability to draw representationally and discover their own visual vocabulary and style. We will use graphite, chalk, oil pastel, colored pencil, charcoal, pen and ink. Essential elements of visual representation, shape, size and placement are emphasized while learning about line, texture, value, composition, contrast, structure and perspective. Drawing method also will include breaking forms into smaller shapes. Classes are small and taught on individualized basis according to skill and experience. They are also customized to support student interests and abilities. As a precursor to painting, the student will move from sketching to painting at the pace appropriate for them. Color theory and selection will be taught. Mixing colors will be shown and the same principals used in drawing will be applied in painting. Color in relation to tone (light and dark) will be explored. Brush techniques will also be covered. Beginners are welcome.

Instructors: Earthfire Studios <http://www.earthfireartsstudio.com/classes>



DRAMA (2ND - 5TH) | WEDNESDAY \$340

DRAMA (2ND - 5TH) | THURSDAY \$340



Whether you aspire to a career in Hollywood or not, you can only benefit from an experience of life on stage with Charline! Learn the basics of stagecraft, creativity and imaginative play, while enhancing your listening and observation skills, as well as your self confidence. Develop your memory and your speech enunciation and improve your French while playing sketches or improvisations! You will perform a show at the end of the year to family and friends!

Instructors: Charline Formenty





CULTURE

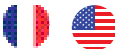
TEXTILES & FIBRE ARTS (K-2nd) 3:30pm (3rd-5th) 4:30pm | FRIDAY \$352



This class will introduce students to the basics of textile and fiber art techniques. Processes such as sewing, wool felting, weaving, screen printing, macrame, dying, stamping and fabric painting will be introduced. Students will learn to design, plan and execute their ideas from an abstract notion into a tangible product.

Instructor: Dragonfly Designs

CLAY MAKING FOR KIDS (3rd-5TH) | WEDNESDAY \$391



In this class, children will play with clay to create beautiful works of art. They explore a variety of hand-building methods (slab, coil, and pinch), explore texture, and glaze their pieces with bright non-toxic glazes. Projects may include masks, fantasy animals, self-portraits, planters, and more.

Instructor: Farzaneh Sadaji

COOKING (K-1st) & (2nd - 5TH) | WEDNESDAY \$527 (INCLUDING MATERIALS & INGREDIENTS)



Hello! My name is Lamia Spohn and I'm a Pastry Chef Manager at Choux Bakery in San Francisco and AES chef Ortega & Sausalito, this semester I come to Ashbury! I love to teach and my passion for food also involves the science part, preparation, safety and the importance to eat healthy. I will introduce you to the basics and French cooking techniques as well as sharing a few secret recipes. For this class, healthy eating is teaching our kids about what is in their refrigerator and pantry at home. **Requirements for students:** Each student will need to wear an apron and gloves. Respecting and following the rules of the Head Chef is non negotiable.

Instructor: Lamia Spohn





CULTURE



SPANISH IMMERSION LEARNING | (3rd-5th) TUESDAY \$391 & (K-2nd) THURSDAY \$391

Students will be presented with the opportunity to engage with a native Spanish speaker every session. This is a full- immersion Spanish program offering interactive activities for preschool and up! Our curriculum focuses on expanding vocabulary and developing conversational Spanish skills, while strengthening their appreciation for Latin American culture through music, art, games, and literature in Español! All materials are included and supporting vocabulary lists, phrases and tips for ways to engage will be provided for families of students attending.

NOTE: NEED MINIMUM OF 10 STUDENTS TO RUN THIS CLASS

Instructor: Spanish Immersion Learning!



SPANISH BEGINNER (K-2nd) | WEDNESDAY \$374

Spanish for beginners Level 1” (Kindergarten, 1st & 2nd graders)

In these classes kids will learn “Everyday Topics” through fun activities, games, songs and crafts projects. Kids will learn “ everyday” greetings, introductions, likes and dislikes, calendar, weather, simple questions and responses, and introduced to basic verbs with a native Spanish teacher.

“Spanish Level 2 Advanced” (3rd,4th &5th graders)

This level is aimed at kids who have already taken the “Spanish for beginners Level 1” or have been exposed to the Spanish language and know already the basics.

Kids will learn “Everyday Topics” through conversation, reading and writing activities and continuously review greetings and introductions. Kids will use verbs in simple sentences, describe “ yourself and others”, “where things are located”, “things you do”, “asking questions and responding to questions “ and commands through fun and challenging activities, games and craft projects with a native Spanish teacher.

Instructor: Seila Gracia Vicente

Email: info@SpanishImmersionLearning.com



www.SpanishImmersionLearning.com





ATHLETICS

FENCING 1 (K - 1ST) | FRIDAY - YEAR LONG COMMITMENT

FENCING 2 (2ND - 5TH) | FRIDAY

***Note Year Long Commitment Automatic Rollover - Contact AES Directly
If you are interested in enrolling for this program.**

Fencing is the art of mastering space, time and life! Hold your opponent on the tip of your foil under the watchful eye of the rigorous master of arms, Yves Ghiai. Fencing develops a sense of brotherhood, loyalty, righteousness and nobility of heart. At the end of the training you can get your "blason", an official French diploma that LFSF accredited by the French Fencing Federation. LFSF is the only Lycée Français of the world to be member of this Federation! All fencers will have an additional cost of \$54 for the Fencing federation license that will need to be paid by check directly to Yves Ghiai at the start of the school year. All students from all campuses are to have their own equipment. MANDATORY MEETING AT THE BEGINNING OF SEPTEMBER BEFORE CLASSES BEGIN. Please contact the fencing master for equipment details:

yves@ghiai.com

Note: A set of Parent Guidelines specifically for fencing will need to be signed and returned before participation.

Instructor: Maître d'armes Yves Ghiai et ses prévôts



BALLET (K-2nd) | THURSDAY \$357

Igniting the Joy of Classical Ballet Class: This class is designed to give your child a solid foundation in the principles of classical ballet. The focus will be on technique with an emphasis on musicality, rhythm, and placement. Instructor Jacqueline Low believes that classical ballet should be taught with discipline, focus, creativity, and FUN to sustain a child's natural "Joy of Dance." The children will learn creative, beautiful, and fun choreography while being encouraged to reach their highest potential. This class is appropriate for children new to ballet as well as those with previous ballet experience. Parents will be notified of observation days and performances. For more information about Jacqueline please visit her website www.joyofdanceballet.com.

Instructor: Jacqueline school of Ballet



CULTURE

DEBATE/MOCK TRIAL (3rd-5th) | MONDAY \$280 & FRIDAY \$340

Debate is one of the oldest forms of human communication. It was perfected by the Greeks over 2,000 years ago and plays an important part in our country's democracy. When the ancient Greeks would meet, they called it a 'symposium,' a place where people gathered to discuss and debate the philosophical topics of the day. This exciting new class gives a forum for students to do just that. You will learn how to express yourself freely through language and learn how to be an effective communicator through various time-tested, ageappropriate activities. Additionally, this class learns about the basic functions of the U.S. court system through 'mock trials' where students will role-play as lawyers, defendants, and judges. Always a big hit! Come learn all the tools of effective debate and public speaking by joining us in weekly 'symposiums' where all opinions matter.

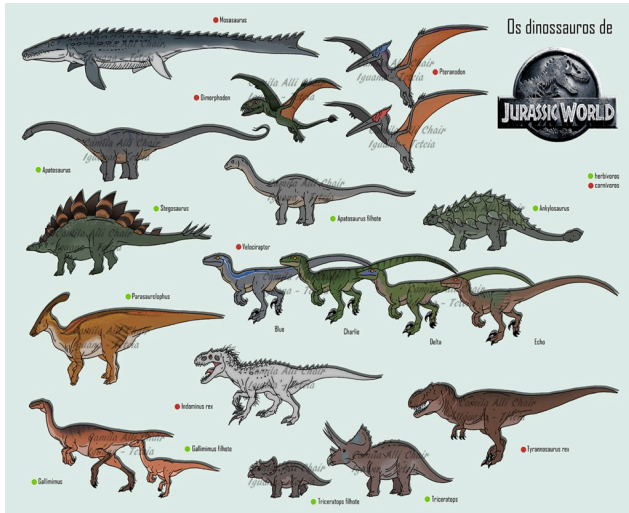
Instructor: Parker-Anderson Enrichment



DINO JURASSIC WORLD (1st-3rd) | MONDAY \$280 & FRIDAY \$340

(1st-3rd): Become a junior paleontologist by studying the most dominant species planet Earth has ever seen...the dinosaurs! In this class, we will learn exciting information about many different dinosaurs and the era in which they lived millions of years ago. Some activities will include: excavating fossils from Dino eggs, piecing together fossils to make complete skeletons, making a personal, take-home Dino hat and tail, learning how to draw dinosaurs in vivid detail, solving Dino puzzles, and much more! Come step into the ancient world of the dinosaurs and begin your journey looking for a dinosaur that has yet to be discovered!

Instructor: Parker-Anderson Enrichment





SCHEDULE

CULTURE

ATHLETICS

S.T.E.A.M.

MUSIC

ASHBURY SOCCER PROGRAM



The World's Most Popular Sport Made Fun and Simple!

Super Soccer Stars offers fun, high-energy kids soccer classes in the San Francisco Bay Area. Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood, education, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills.

Our NSCAA, USSF and UEFA certified coaches are dedicated to developing well-rounded players in a fun and challenging environment. Super Soccer Stars hones in on developing key individual 1v1 techniques, improving players' employment of skills at speed and developing the confidence to unlock each player's true potential.

* For Winter, developmental classes will be conducted for those grades that could not field a team for the FALL season. This information will be communicated to all families before the AES semester commences.

Location: Waller Center - PICK UP DIRECTLY FROM WALLER GYM (Belvedere & Waller st intersection)

Day: Wednesday

Dates: 1/16/19 - 2/27/19 (6 weeks)

Time: 3:35pm - 5:40pm

3:35pm - 4:35pm (K - 2nd)

4:40pm - 5:40pm (3rd - 5th) Daycare required* please contact the AES Ashbury team for details.

*SPRING registration details will be released in November 2018 for the season beginning March 2019. All children will be invited to an evaluation day during the fall to prepare for registration for the spring season.

HOW TO REGISTER YOUR CHILD - CONTACT SUPER SOCCER STARS DIRECTLY

For Winter, developmental classes will be conducted for those grades that could not field a team for the FALL season. This information will be communicated to all families before the AES semester commences.

NOTE: THE TRAINING/MATCH SCHEDULE FOR SPRING IS RELEASED BY THE SF YOUTH LEAGUE & PARK and REC. WE DO NOT HAVE CONTROL OF THESE DATES OR TIMES. THANK YOU FOR YOUR UNDERSTANDING.

ATHLETICS

Micro Soccer

Available for the following students:

PreK

Kindergarten

1st Grade

SF Youth Soccer

Available for the following students:

2nd - 5th Grade



DAVID MARES

Bay Area Regional Coordinator

SUPER SOCCER STARS

T. 415-233-8277

F. 310-494-0505

C. 415-323-8033

supersoccerstars.com





ATHLETICS



JUDO BEGINNERS (K-1ST) | MONDAY
JUDO ADVANCED (2ND-5TH) | MONDAY

***Note Year Long Commitment Automatic Rollover - Contact AES Directly if you require a change**

CURRENTLY FULL

Instructor: William Desmole

INTRODUCTION TO JUDO (K-3RD) | THURSDAY - \$425

Judo is a wonderful system of physical, intellectual and moral education. It has its own culture, customs and tradition. Judo gives its students a code of ethics, a way of living and a way of being. Judo originated in Japan which derived form various martial arts practiced by samurai where the objective is to use the opponent's weight against him. Judo means the "Gentle way".

Pick up at Waller Center directly 4:30 pm.

JUDO COMPETITION (3RD-5TH) | THURSDAY @ 4:30 pm

***Note Year Long Commitment Automatic Rollover - Contact AES Directly if you require a change**

CURRENTLY FULL

Instructor: William Desmole

CHESS BEGINNER (3RD-5TH) | MONDAY \$280
CHESS ADVANCED (3RD-5TH) | THURSDAY \$340

Chess is one of the most popular games in the world and it is never too late to learn how to play it. Novice or expert, you are all welcome. Come learn "checkmate": how to move all the pieces all the way to play with an opponent on a clock to understand different cadences. Get ready for fun and strategy!

Instructor: Kenneth Curtis



ATHLETICS

MINI TENNIS 1 (K-1st | MONDAY @ WALLER \$532

Students will be taken to the Waller Center for their class. Pick up from Waller directly after class 4:30 pm.

TENNIS 2 (2nd-3rd) | FRIDAY \$465 @ Lake Merced

TENNIS 3 (4th-5th) | TUESDAY \$527 @ Lake Merced

Tenacious Tennis Academy (TTA) is open to anyone, Lycée Français students will meet and play with kids from all over San Francisco. Groups are arranged by age and/or ability, and because there are 14 courts at SFSU, we are able to spread out to ensure that groups are copacetic. Our goal is to meet each student where they are and to help them reach their tennis goals, whether it be just for fun or to train for competition. With our 14 person passenger van we are now able to transport up to 12 LFSF students to and from the courts at SFSU.

PICK UP AFTER CLASS AT THE SFSU TENNIS COURTS AT 5:45PM, OR THE PARKING LOT ON BOWLING GREEN DRIVE IN GOLDEN GATE PARK AT 6PM.

PLEASE NOTE THAT TRANSPORTATION TO/FROM THE COURTS IN THE TTA VAN IS AVAILABLE TO THE FIRST 12 STUDENTS TO SIGN UP FOR AES TENNIS. TRANSPORTATION MUST BE ARRANGED DIRECTLY WITH TTA.

PLEASE EMAIL JEFF THOMAS DIRECTLY TO ARRANGE SHUTTLE. jeff@tenacioustennisacademy.com

THE LFSF IS NOT RESPONSIBLE FOR TRANSPORTATION. WE ALSO RECOMMEND KANGO SERVICE AS AN ALTERNATE OPTION

Instructor: Jeff Thomas - Tenacious Tennis Academy

RHYTHM & YOGA 1 (PRE- S) | THURSDAY \$187 (30mins)

RHYTHM YOGA 2 (PRE-K) | THURSDAY \$187 (30mins)

RHYTHM YOGA 3 (K-5TH) | THURSDAY \$340

With the fast pace of today's world, Yoga for Kids helps children cultivate peace and calmness by balancing the mind and body all while having fun! Yoga for Kids takes a silly to calm approach allowing students to be involved in the creative and imaginative classes that always end in relaxation. Teaching children the benefits of yoga and mindfulness so they know how to take care of themselves and each other from a young age helps develop life long healthy habits and balanced individuals. This class will help children cultivate a calm mind and balanced body while having fun and being creative! Classes promote physical, emotional and social development for all children and leave kids feeling happy, focused and relaxed! Alexandra Rossi has been teaching yoga and mindfulness for the past 10 years . She is currently training adults to become kids and teen Yoga teachers

Instructor: Alexandra Rossi





AES |
EXTRA
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SCHEDULE

CULTURE

ATHLETICS

S.T.E.A.M.

MUSIC

ACROSPORTS

(PS & PK) - TUESDAY \$476

ACRO COMBINATION (PS-PK) | WEDNESDAY \$476

*FRIDAY (K-2nd)- WALLER CENTER \$448

***Students will be taken to the Waller Center for their class. Parent Pick up directly from the Waller Center (Corner of Waller & Belvedere St. SF)**

PS & PK - Tumbling/Gymnastics

AcroSports' energetic class introduces tumbling/gymnastics to students with a focus on coordination, flexibility, and strength. AcroSports' tumbling classes are designed to encourage students to develop spatial awareness, balance, and gross motor skills. Classes are delivered by experienced coaches using a range of equipment including panel mats, incline mat, crash mat, springboard, balance beam, and low bar.

FIRDAY CLASS - Parkour

Parkour is the sport of using the body for uninterrupted, efficient forward motion over, under, around and through the environment. AcroSports' energetic class introduces parkour to students with a focus on coordination, flexibility, and strength. AcroSports' parkour classes are designed to encourage students to develop spatial awareness, balance, and gross motor skills. Classes are delivered by experienced coaches using a range of equipment including panel mats, incline mat, trapezoid mats, wooden plyometric boxes and skill blocks.

Instructor: Acro Sports

CAPOEIRA (2nd-5th) | WEDNESDAY \$425

Capoeira is a Brazilian Martial Art form that combines self-defense, rhythm, music, acrobatics, and creative expression. In class students will learn the history of capoeira and the movements to play. Students will also learn Capoeira Songs in Brazilian Portuguese and how to play several instruments. The class is mixed level open to beginners and intermediate students. Uniform is required

Students will be taken to the Capoeira studio on Stanyan st. for their class. Parent Pick up directly from the studio.

Instructor: Ivan de Silva

BASKETBALL (K-2nd) | TUESDAY \$459

BASKETBALL (3rd-5th) | TUESDAY \$459

Come and play basketball with Thomas, an accredited and certified French Coach who has coached elementary groups previously. This class will help transition 5th graders into our Middle School Basketball program!

***Both Thursday classes will be held at the Waller Center (please pick up your child from Waller)**

Instructor: Thomas Decombe



ATHLETICS



S.T.E.A.M.

CODE FU (1st-2nd) & (3RD-5TH) | WEDNESDAY | \$442



Code Fu: Mini Coding Dojo: 1st-2nd

Using iPad/Asus Tablet applications like Scratch Jr, Kodable, Light bot, and Bloxels coupled with hands on board games that promote social problem-solving, Code fu's 1st-2 Dojo teaches students the computational logic of Computer Science/coding as well as provides them with an introduction into a number of block based coding languages. The second session will focus on tangible coding and will be introducing robotic coding using a number of Coding Robots such as Cubetto!

Code Fu: Upper Grade Dojo:3rd-5th

Using a number of fun Coding languages designed specifically for kids such as Scratch along with HTML, CSS, JavaScript, Python, and Ruby, students will be creating a variety of projects from games to customized websites; allowing them to learn the computational logic of Computer Science. They will be learning real languages and gaining an understanding of how programming affects our world. The following Dojos will scaffold on these skills by introducing Coding Robots which will demonstrate to the students the connection between coding and the real world!

Instructor: Code fu

MINECRAFT (3rd-5TH) | FRIDAY \$352 Level 1 & Level 2



Minecraft is currently the second most popular video game of all time, with more than 120,000,000 copies sold worldwide. Its numerous educational benefits have put Minecraft in a lot of classrooms and can be used to teach science, urban planning, languages or even coding. During our sessions, Minecraft will be a tool to increase student's creativity, to develop their autonomy and their problem-solving skills (related to science, self-organization, mutual assistance ...)

The students will have the opportunity to become a Minecraft Master by realizing a certain number of in games task, from the easiest to the hardest.

Instructor: Guilhem Lascaux

INVENTOR TEAM - JUNIOR (3rd-5TH) | THURSDAY \$357



A team of teachers collaborating with Anton Ritzu, our Technology and Innovation Coordinator will help our students to grow fantastic STEAM-centric content all wrapped inside our core vision to inspire creative, compassionate leaders of tomorrow. Our project-based curriculum will get our students excited about research, problem solving and communication. Through the innovation lab we will create fun inventions combining mechanical, electronic circuitry, 3D printed material but also use artsy Tinkercad design, emotional intelligence and environmental sensitivity. We will also program robots and develop computational thinking skills in an informal, out-of-school setting but still linked to the French Maths, Science and Technology.

Instructor: Ginny Laminy



CodeFu





MUSIC

CHOIR (3RD-5TH) | TUESDAY \$357

For Semester Two, Aurelie will be on school leave. In her Absence, her assistant Alex Farrell from Semester One will take her class.

Instructor: VIBO Music

CHOIR (1st-2nd) | FRIDAY \$336

Instruction to: Musical Theater, Popular Music, Singing/Songwriting, and beyond! Learn the tools of Self Expression, Confidence and Stage Presence, Emotional Intelligence, Storytelling, Creativity, and Passion while: Unleashing your Vocal Power and learning how to perform with Style, Tone, Rhythm, and more! Connect as an ensemble, with yourself, and with your audience! This is the magic of voice.

Instructor: VIBO Music

PRIVATE MUSIC CLASSES (STARTING IN 1ST GRADE) PRICE: \$40 PER HALF HOUR LESSON

PIANO WITH VIBO

Private Piano Lessons provide the most individual attention and accelerated learning. Focusing on the individual student and his/her needs and goals, these lessons help to nurture the growth of natural musical talent. Lessons focus intensely on all aspects of music-making: technique, musicality, talent, discipline, and passion. Beginning students will learn music note-reading as well. www.vibomusic.com

Classes: Monday through to Friday.

Instructors: Chia Lee

GUITAR WITH VIBO

Private Guitar Lessons: Learn on the student's own pace, private guitar lessons provide the opportunity for students to study their favorite style of music. Beginning students learn basics such as posture, note-reading, easy chords, right hand strumming and finger-picking. More advanced students learn technique that applies to their favorite songs. Private lessons are a great way of instilling discipline and promoting self-esteem in children through a non-threatening and entertaining approach. www.vibomusic.com

Guitar classes: Monday





NON AES - STUDY HALL & SHUTTLE

FROM MONDAY TO FRIDAY | \$15 PER STUDY HALL 

You will have the choice between :

Supported Study hall where the ratio is 1:6 - Students are helped, advised and little by little are taught to become autonomous. If there is any time left at the end of the session, students are encouraged to do silent reading.

FREE INDEPENDENT STUDY HALL AVAILABLE

Independent Study hall where the ratio is 1:20 - Students work in autonomy in a quiet classroom under adult supervision. A minimum of 12 registrations is required to open this class and only students enrolled in Yearly daycare can participate.

For further information please email directly to Veronique Baumbach at vbaumbach@lelycee.org

NOTE : Etude is on a yearly enrollment basis

SHUTTLE STUDENTS

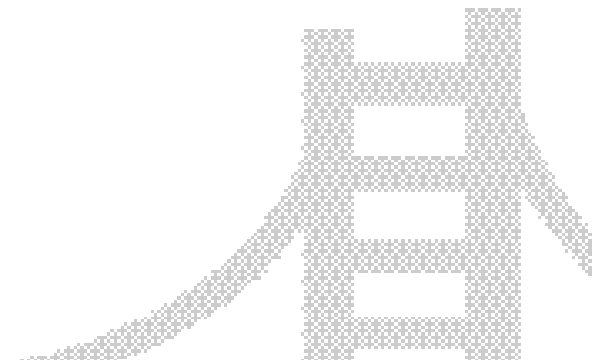
Please refer to the Ashbury schedule for activities after 4pm.

Please contact us for registration assistance - vbaumbach@lelycee.org

LESSON CANCELLATION REMINDER

If a lesson is canceled it will be made up in the make up week period. Free Daycare will be offered if a lesson is canceled within 24 hours notice.

PLEASE NOTE IF AN AES CLASS IS CANCELED LESS THAN 24 HOURS NOTICE - FREE DAYCARE WILL BE PROVIDED



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LYCÉE FRANÇAIS
DE SAN FRANCISCO

WINTER SOCCER CLASSES AT LYCÉE FRANÇAIS

Ashbury Campus

SUNDAYS

Winter Soccer classes

January 20th - March 24th (10 weeks)

****FREE DEMO DAY 1/13****



8:45 - 9:25 AM (12 - 24 Months)

9:30 - 10:10 AM (2 - 3 Years Old)

10:15 - 11:00 AM (3 - 4 Years Old)

11:05 - 11:55 AM (4 - 5 Years Old)

12:00 - 1:00 PM (5 - 7 Years Old)



\$215 for the 10 week season. Price includes T-Shirt.

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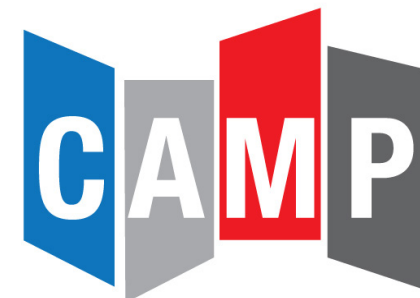




Lycée Français de San Francisco



SUMMER



Lycée Français de San Francisco

YEAR ROUND CAMPS

We conduct highly-valued French Immersion camps during school scheduled vacation time across all 3 of our campus locations. Our camps are conducted in a safe and fun environment with experienced and well trained LFSF staff. For each specific camp, our aims are to organize and structure each one with impeccable quality adding in a fun and exciting educational theme for our campers! We offer extended day care services from 8 am to 5:30 pm daily and provide a shuttle service between campus locations when needed.

For LFSF parents, more detailed information can be found by visiting your parent portal accounts regarding LFSF camps only.

October

January - Includes Snow Camp - Camp TIME MACHINE

February- Include Snow Camp

April- Includes Snow Camp (subject to snow conditions)

SUMMER CAMPS - Registration opens February 13th

June-August - Slots Open & Available to Public - Camp BRITTANY & Camp Cote d'Azur!

For more information please visit: www.lelycee.org/summercamps

REGISTRATION OPENS 1 MONTH BEFORE CAMP SESSION
MORE INFORMATION TO COME IN NOVEMBER/DECEMBER